



South Okanagan Yoga Academy Yoga Teacher Training

#281-3980 Squilax-Anglemont Road, Scotch Creek, BC V0E 1M5

Phone: 250-492-2587

Email: info@soyayoga.com



Registered Yoga School Registered Yoga School

To send this form by email, fill in the required information and save the form to a new file name on your desktop. Then send the form as an attachment in an email to the location where you will study.

Application for SOYA Yoga Teacher Training - Extended Programs			
Name: _____			
Address: _____			
City: _____	Province: _____	Postal Code: _____	
Email: _____	Phone: _____	Fax: _____	
Are you 19 years of age or over?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Birth Date: _____
Below are several options for Yoga Teacher Training			
Please check the Location for your training:			
<input type="checkbox"/> Calgary	<input type="checkbox"/> Ft McMurray	<input type="checkbox"/> Other: _____	<input type="checkbox"/> Penticton <input type="checkbox"/> Prince George <input type="checkbox"/> Vancouver
Please check the Program you are applying for:			
<input type="checkbox"/> SOYA Teacher Training RYT500® hour program (Extended Program over 1-2 years)			
<input type="checkbox"/> SOYA Teacher Training RYT200® hour program (Extended Program over 1 year)			
<input type="checkbox"/> SOYA RYT 300® hour Upgrading Program from RYT200® to RYT500® (Extended Program)			
<input type="checkbox"/> SOYA 200 hour program-Distance Education* <input type="checkbox"/> SOYA 500 hour program-Distance Education*			
* The SOYA Teacher Training by Distance Education is for those students who do not have access to one of our locations for Training. It is not recognized by Yoga Alliance so you will not be eligible for registry with them. This training requires your attendance in Hatha Yoga instruction with approved Yoga Teachers in your area. Upon completion you will be a fully certified SOYA Teacher at the 200 hour or 500 hour level. With the 500 hour certification and 3 years of teaching experience, you are eligible to write the exams for certification with the International Yoga Teachers' Association (IYTA).			
Please fill in the requested information below:			
1. Please give full details of your Yoga practice to date:			
(a) When did you first start practicing Yoga in a class? _____			
(b) Where do you attend classes? _____			
(c) Who are your instructor(s), and how long have you attended classes with each teacher? _____			
(d) Who will be your main Hatha Yoga teacher outside of the Teacher Training meetings during your training? You may also submit the names of Yoga Teachers you wish to be approved to work with you. _____ _____			
2. Do you have any experience teaching yoga? <input type="checkbox"/> Yes <input type="checkbox"/> No			



(a)	If yes, do you have any Teaching Certification? Are you a RYT200/500® with Yoga Alliance? (please submit copies of your certification documents)	

(b)	Please give details of teaching experience, location of classes, number of students, and number of hours per day/week that you have taught over the last three years: (use back if needed)	

3.	Do you have Anatomy and Physiology training recently or in the past?	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Do you have current certification in Emergency or Standard First Aid/CPR?	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Do you require billeting if you travel to the training meetings?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Can you provide billeting for a student travelling to the meetings?	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	<input type="checkbox"/> I understand a cancellation fee of \$500 will apply should I decide to withdraw from the program, and all my text books and manuals must be returned.	
7.	<input type="checkbox"/> Please attach your 3 letters of reference (from yoga teachers and/or character references), along with a brief description of your ideals behind your desire to become a Yoga teacher.	
8.	<input type="checkbox"/> Please attach your signed Code of Ethics and Waiver.	
9.	<input type="checkbox"/> Please attach your cheques for your Program as outlined below.	
10.	<input type="checkbox"/> <i>Upon entry into these study programs, you agree not to copy or adapt these lessons/materials in any way for use outside of the SOYA program without permission from SOYA</i>	
11.	Where did you hear about the SOYA Teacher Training? _____	
Payment Method:	<input type="checkbox"/> Full payment by cheque (<i>Any Program</i>) <input type="checkbox"/> Six (6) postdated cheques over the 1 to 2 years, starting on month of entry date (<i>Extended 500 hour Programs</i>). <input type="checkbox"/> Three (3) postdated cheques over 1 year, starting on month of entry date (<i>Extended 200 hour and 300 hour Upgrade Programs</i>). <input type="checkbox"/> Payments by e-transfer (for those who use online banking.) <input type="checkbox"/> Payments by PayPal (please check if this is available at your location)	

South Okanagan Yoga Academy Waiver

ACKNOWLEDGEMENT AND WAIVER

I, _____, declare the above information to be accurate and true. I acknowledge that I understand that Yoga is not a medical procedure, and the Yoga Teacher will not be providing a diagnosis of any medical problems or concerns, which I may have. I understand that Yoga is a process of integration intended to facilitate wholeness, body-awareness and self-awareness. I also understand that I am solely responsible for my health, safety and well-being. I agree that I will inform the Yoga Teachers of any health concerns I have. I will also inform the Yoga Teachers of any activity or movement which I cannot safely perform, and that I will not perform any activity or movement which I feel is likely to cause me to injure myself. I agree to hold the Yoga Teacher, Okanagan Yoga Essentials and the South Okanagan Yoga Academy harmless from any and all responsibility for any injury which I may sustain during or as a result of my Yoga sessions.

Dated: _____

Signed: _____

Your name typed in the Signature space indicates you have signed this document.



Code of Ethics

- The Golden Rule. Please treat others, as you would like to be treated. A yoga teacher's conscience must always be in agreement with his or her thoughts and actions.
- Act in such a manner so as to maintain and honour yoga traditions, such as clean hair and neat, appropriate dress.
- Practice, study and share the knowledge of yoga with those who seek to know.
- The manner of a yoga teacher should be professional at all times. No teacher of yoga should be guilty of any improper physical contact with any student.
- Practice non-judgment and moderation in all areas.
- Strive to think positive and be positive. Enjoy peaceful thoughts in expanding love and light.
- Strive to daily practice the Yamas: *(see next page)*
 - Non-violence, Truthfulness, Non-stealing, Moderation, Non-possessiveness.
- Strive to daily practice the Niyamas: *(see next page)*
 - Purity, Contentment, Discipline, Self-Study, Surrender to the Divine Spirit.

I, _____ have read and understand that as a SOYA Teacher of Yoga I agree to conscientiously abide by the SOYA Code of Ethics.

Dated: _____

Signed: _____

Your name typed in the Signature space indicates you have signed this document.

Welcome to the SOYA Teacher Training!
Please send your application to the correct location below!



Locations

Send your application and payment to the selected location for studies. Addresses are below.

NOTE: All Intensive Immersion Program Applications are sent to the SOYA Headquarters.

SOYA – Headquarters

Primary Instructors Marion (Mugs) McConnell and Dariel Vogel
 #281-3980 Squilax-Anglemont Road, Scotch Creek, BC V0E 1M5
 (250) 492-2587 Email: info@soyayoga.com

All Intensive Immersion Program Applications come to this location.

Penticton/ Okanagan Region – Purple Lotus Yoga Studio

Primary Instructor Kamala Wilkie
 #102-186 Nanaimo Ave West, Penticton, BC V2A 1N4
 (250) 493-0054 Email: info@purplelotusyoga.ca

Vancouver and Lower Mainland Satellite – Cove Yoga Studio

Primary Instructors Dorothy Polukoshko and Chris Clancy
 #101-25 Richmond Street, New Westminster, BC V3L 5P9
 (604) 522-4615 Email: dorth12@telus.net

Prince George and Northern Satellite – Chinook Yoga Studio

Primary Instructors Cindy Szekeley and Carla Wainwright
 PO Box 2601, Mackenzie, BC V0L 2C0
 250-997-3519 Email: szekely@mackbc.com

Calgary and Southern Alberta Satellite – Harmony Yoga Studio

Primary Instructor Helen Mikuska
 1407 89 Ave. SW, Calgary, Alberta T2V 0W9
 403- 809-1402 Email: info@harmonyyogastudio.ca

Fort McMurray and Northern Alberta Satellite – Ananda Center for Balance

Primary Instructors Heather Thomas and Kapila Chugh
 114 Demers Ave, Fort McMurray, Alberta T9H 2B1
 780-747-3857 Email: info@anandacenter.ca

